

#### **CURRICULUM DEPARTMENT**

# EAST GREENWICH TOWNSHIP SCHOOL DISTRICT

Mrs. Lisa Giorgianni, Director of Curriculum and Instruction

March 10, 2025

Dear Parents and Guardians,

A comprehensive family life and health curriculum encourages students to take responsibility for their own lives by establishing health practices supporting lifelong wellness. The New Jersey Student Learning Standards for Comprehensive Health and Physical Education outline what students at each grade level band as part of family life in their health classes. Below are the family life topics and resources used in your child's fifth-grade health class this year. All content and activities are the same as last year.

- Family Life (1 Lesson): April 8th-14th (day 1-5 cycle)
  - Topics: Families, Friendships, Promoting Dignity and Respect for All, Healthy vs. Unhealthy Relationships
  - This lesson takes place during health class with all students. Instructional resources include:
    - Grade 5: Family Life Slides
    - <u>Worksheet</u>: Healthy and Unhealthy Relationships

After reviewing this information, any parent or guardian can excuse their child from this family life lesson without penalty. If you choose to have your child excused from the family life portion, please complete the attached refusal form and return it by <u>Wednesday</u>, <u>April 2nd</u>. Your child will be placed in an alternative setting and given an alternative assignment during the family life lesson.

Please contact the health teachers or the building principal if you need more specific information regarding any portion of your child's health program. There is also additional information on the health programs within the <u>East Greenwich Township Curriculum Website</u>.

Sincerely,
Mrs. Lisa Giorgianni
Director of Curriculum and Instruction
giorgiannil@eastgreenwich.k12.nj.us



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# Family Life Refusal Form 5th Grade

Refusal Form - Return by Wednesday, April 2, 2025

Please return this form ONLY if you do NOT want your child to participate.

I request that my child be excused from participating in the family life unit:
Family Life Lesson (1)
April 8th-14th (day 1-5 cycle)
Student's Name:
Homeroom Teacher:
Parent's Signature: